

**MEDICATIONS, HERBAL AND OTHER SUPPLEMENTS**

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Are you presently taking any of the following medications?

- |     |    |   |              |                 |
|-----|----|---|--------------|-----------------|
| Yes | No | Analgesics<br>(Aspirin, Ibuprofen, Naproxen Sodium)   | Dosage _____ | Frequency _____ |
| Yes | No | Cardiovascular Agents<br>(Digoxin, Lanoxin, Captopril)  | Dosage _____ | Frequency _____ |
| Yes | No | Laxatives   | Dosage _____ | Frequency _____ |
| Yes | No | Antacids<br>(Bicarbonate of Soda, Calcium Carbonate)  | Dosage _____ | Frequency _____ |
| Yes | No | Sedative, Antianxiety, Antipsychotic Drugs<br>(Lithium, Thioridazine, Chlorpromazine, Prozac) | Dosage _____ | Frequency _____ |
| Yes | No | Anti-Inflammatories<br>(Prednisone, other corticosteroids, NSAIDs)                            | Dosage _____ | Frequency _____ |
| Yes | No | Respiratory Agents<br>(Theophylline)  | Dosage _____ | Frequency _____ |
| Yes | No | Diuretics<br>(Lasix)  | Dosage _____ | Frequency _____ |
| Yes | No | Antibiotics   | Dosage _____ | Frequency _____ |
| Yes | No | Elixirs containing sorbitol<br>(Theophylline, Acetaminophen)                                  | Dosage _____ | Frequency _____ |
| Yes | No | Insulin or Diabetic Pills   | Dosage _____ | Frequency _____ |
| Yes | No | Sleeping Pills  | Dosage _____ | Frequency _____ |
| Yes | No | Thyroid Medication  | Dosage _____ | Frequency _____ |
| Yes | No | Blood Thinning Pills  | Dosage _____ | Frequency _____ |
| Yes | No | Seizure Medication  | Dosage _____ | Frequency _____ |
| Yes | No | Weight Reducing Pills   | Dosage _____ | Frequency _____ |
| Yes | No | Birth Control Pills   | Dosage _____ | Frequency _____ |
| Yes | No | Hormones  | Dosage _____ | Frequency _____ |
| Yes | No | Blood Pressure Pills  | Dosage _____ | Frequency _____ |

List any other (including over the counter) medications you are currently take/use \_\_\_\_\_

Please list any Herbal, or other natural supplements, vitamins and minerals you are taking: \_\_\_\_\_

Do you feel the herbal, natural supplements are helping you? \_\_\_\_\_

Are you allergic to any medications, natural supplements, or over the counter medications? Yes \_\_\_\_ No \_\_\_\_

If Yes, please name and describe the reaction: \_\_\_\_\_