



Keratin Hair Treatment Instructions

Do's and Don'ts

Do's

- DO wear hair down at all times.
- DO blow-dry and flat iron hair, as soon as possible, if hair gets wet, if for any reason (i.e. rain, sweat) during the first 72 hr period.
- DO style your hair with a blow-dryer and brush during the 72 hrs if desired.
- DO wear a silk scarf to pull your hair away from your face.
- DO use the Keratin Complex **sodium-chloride free** shampoo and conditioner after the 72 hour waiting period and as a daily shampoo and conditioner.
- DO protect the hair from absorbing salt and/or chlorine. After the 72 hour waiting period, if entering a pool or the ocean apply a leave-in conditioner prior to entering water. If leave-in conditioner is not available, wet your hair with fresh water. After exiting the pool or ocean remember to rinse thoroughly with fresh water as soon as possible.

Don'ts

- DON'T wash or wet hair for 72 hours (3 days).
- DON'T tie hair into a ponytail as this may leave a lasting impression.
- DON'T wear hair clips, hair bands or bobby pins as these may leave a lasting impression.
- DON'T place hair behind ears for long periods of time.
- DON'T rest glasses on head or use them to hold the hair back.
- DON'T sweat.

IMPORTANT: Recommended hair care products (sodium chloride and sulfate free) must be used to guarantee ultimate results, credit for service only. No monetary refund.

_____ Client Signature

_____ Date